

# Integrated Peace Arts

## Still Mind Aikido

Hosts



**Sensei Mark Larson (Takuto)**  
Iwama Takemusu Aikikai  
[www.aikido-shuren-dojo.com](http://www.aikido-shuren-dojo.com)

Mark Larson Sensei is the founder and chief instructor of Minnesota Aiki Shuren Dojo- a name bestowed upon his dojo directly by the late Great Morihiro Saito Shihan. In 1992, Larson Sensei's Aikido studies took him to Japan for nearly a decade where he lived, learned, and trained as a live-in/direct student (uchideshi) at Akita Aiki Shuren Dojo under his first teacher, Shigeru Kawabe Shihan, and the Founder's Dojo in Iwama (the birthplace of Aikido) under his head teacher Morihiro Saito Shihan.

Sensei Larson received the highest sword (aiki-ken) and staff (aiki-jo) weapons certification (menkyokaiden) from Morihiro Saito Shihan, and he currently holds a 6th degree black belt (rokudan) from the World Aikido Federation (Aikikai) Headquarters, Tokyo, Japan, making biennial trips back to Japan. Mark Larson Sensei is known for his dedication to preserving, teaching, and disseminating the Iwama Aikido he learned directly from Morihiro Saito Shihan at the end of Saito Sensei's life (1997-2002).

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### Tentative Schedule

#### Friday:

**Children's** (Ages 6+) Keiko @ Still Mind Aikido Dojo 305 Central Ave Suite # 2, White Plains, NY 10606

**Children** Check in 6:00pm

**Keiko Start Time:** 6:30 –7:15pm Children Fee: \$25

**Adults** Check in 7:15 PM

**Keiko Start Time:** 7:30pm - 9:00pm

**Saturday:** Check in 9:30 AM

**Keiko Start:** 10:00am—12:00pm

**Lunch** 12:00 to 2:15

**Start:** 2:30pm— 4:30pm

**Saturday \*\*\*\*\*Dinner Party @ Local Restaurant TBA**

**Sunday:** Check in 10:00 AM

**Start:** 10:30am—12:30pm

**Fees:** Entire Seminar: \$100  
Friday only: \$40  
Saturday only: \$60  
Sunday only: \$40

**Location for Seminar: Still Mind Aikido 305 Central Avenue Suite #2 White Plains, New York 10606**  
**Contact # 914 648-0492**