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We are, at times, privileged to know individuals with such an enthusiasm and love for life and learning that the energy is just simply contagious. Mark Larson Sensei (Takuto) is one of those individuals.

Mark Larson Sensei learned directly under the tutelage of Morihiro Saito Shihan, spending years as a dojo live-in student between 1993-97 and again in 2001-02 at the Founder's Iwama Dojo. From 1997-2001 Larson Sensei served as Saito Shihan's otomo, primary Uke, and translator in events all around Japan, the U.S., and Scandinavia. He has achieved the status of being the "Last American Uchideshi" of Morihiro Saito Shihan. His training was intense, often everyday. His athletic talent, keen observation skills, and natural gift as a teacher makes his experience and instruction invaluable.

With Saito Shihan's passing, Larson Sensei has spent the last 18 years teaching what he learned. He received the menkyokaiden “license of total transmission”—for the Aiki-ken and Aiki-jo, bestowed to only a handful. His teaching of weapons is dynamic and precise, displaying the energy and Budo transmitted by Saito Shihan, who was as vital in his last ten years as ever.

Larson Sensei is a tremendous resource in regards to maintaining the accurate teachings of Morihiro Saito Shihan at the end of his life. His technique is effective and martial, and he carries the sincere intention of transmitting what he learned -exactly the way he learned it. Additionally, his pure heart and joyful disposition enhances learning for all.

Opportunity to learn and train with him, is highly recommended. He is a gem. For more details about Mark Larson Sensei's bio and seminar schedule go to (see menu):

www.aikido-shuren-doj.com

Ginny Breeland Co-Founder and Chief Instructor of Cotati Aikido,
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Pete Breeland Sensei and Ginny Breeland Sensei
pictured with Mark Larson Sensei