



齋藤守弘直伝

Minnesota Aiki Shuren Dojo

Est. 2001

© Saito Family Crest – used with permission

Taisai Seminar with Bernice Tom
 7th Dan AIKIKAI Shihan
 ~ Direct Disciple of Morihiro Saito Shihan ~
 April 27 - April 30, 2023



Instructors:

Bernice Tom, 7th Dan Shihan

Mark Larson "Takuto"

6th Dan Shihan

Training Schedule

Thursday, April 27th *

7:00 p.m. - 8:30 p.m. Taijutsu/Bukiwaza
(McCoy's after)

Friday, April 28th **

10:00 a.m. - 12:30 p.m. Bukiwaza
 12:30 p.m. - 2:30 p.m. Lunch Break
 2:30 p.m. - 5:00 p.m. Bukiwaza
 7:00 p.m. - 8:30 p.m. Taijutsu

Saturday, April 29th **

10:00 a.m. - 12:30 p.m. Taijutsu
 12:30 p.m. - 2:30 p.m. Lunch Break
 2:30 p.m. - 5:00 p.m. Bukiwaza
 7:00 p.m. - 10:00 p.m. [Hajime](#)

Sunday, April 30th **

10:00 a.m. - 12:30 p.m. Taijutsu

* Thursday training @ Handke Center is complimentary to visiting seminar participants.

** Training @ [Shushinkan](#)

Pricing

	Standard	Student
Friday	\$100	\$80
Saturday	\$100	\$80
Sunday	\$50	\$40
Full Weekend	\$200	\$150



齋藤守弘直伝

Minnesota Aiki Shuren Dojo

Est. 2001

© Saito Family Crest – used with permission

Taisai Seminar with Bernice Tom
7th Dan AIKIKAI Shihan
~ Direct Disciple of Morihiro Saito Shihan ~
April 27 - April 30, 2023



Seminar Locations

Handke Center ([Map](#))

1170 Main St NW
Elk River, MN 55330

Hotel Options

[Country Inn & Suites](#)

[Holiday Inn](#) ~ [Landmark Hotel](#)

[Airbnb](#) ~ [TripAdvisor](#)

Please bring your own ken, jo and tanken