

Aikido Bismarck Annual Seminar
Featuring
Mark Larson (Takuto 匠人)
6th Dan Aikikai Shihan

May 31 - June 2, 2024

Bismarck, ND

Join us for a great weekend of Iwama Aikido. All aikido levels, styles and affiliations are welcome.

Cost for full weekend training (incl. Friday evening):

Adults / Youth*(11-18y): \$140 / \$100 Saturday

Only (10am-noon, 3pm-5pm): \$ 80 / \$60 Sunday

Only (10am-noon): \$ 50 / \$40

*Youth 4th Kyu and above, with Sensei permission

Friday Youth Class (5pm-6:30pm):

Beginners (45 min): Free for dojo members

Intermediates (add'l 45 mins): \$30

Friday Adult Class (7pm-8pm): \$30

Registration, full schedule and lodging info is at:

www.AikiSeminar.com



Mark Larson Shihan is the founder and chief instructor of Minnesota Aiki Shuren Dojo- a name bestowed upon his dojo directly by Morihiro Saito Shihan, longest direct student of Aikido's Founder.

Larson Shihan received the highest sword (aiki-ken) and staff (aiki-jo) weapons certification (menkyokaiden) from Morihiro Saito Shihan, and he currently holds a 6th degree black belt (rokudan) from the World Aikido Federation (Aikikai) Headquarters, Tokyo, Japan. Mark Larson Shihan is known for his dedication to preserving, teaching, and disseminating the Iwama Aikido he learned directly from Morihiro Saito Shihan. Learn more about Mark Larson Shihan at www.aikido-shuren-dojo.com.

Contact Aikido Bismarck: aikidobismarck@gmail.com, 701-471-2306 (txts ok), with questions or for info.