

斎藤守弘直伝

Minnesota Aiki Shuren Dojo

© Saito Family Crest ~ used with permission

Est. 2001

Iwama Takemusu Aikikai - Summer Training Camp Aug 15 - Aug 17, 2025



Instructor: Mark Larson "Takuto," 7th dan Aikikai Shihan

Pricing	<u>Standard</u>	<u>Student</u>
† Friday	\$125	\$100
Saturday	\$100	\$80
Sunday	\$50	\$40
Full Weekend	\$225	\$180

Training Schedule

Thursday, Aug 14th *

7:00 p.m. - 8:00 p.m.

Taijutsu / ITA Sempai (McCoy's after)

Friday, Aug 15th **

10:00 a.m 12:00 p.m.	Bukiwaza
12:00 p.m 2:30 p.m.	Lunch/Beach Cleanup
2:30 p.m 4:30 p.m.	Bukiwaza
5:00 p.m 8:00 p.m.	BBQ at the lake

Saturday, Aug 16th ***

10:00 a.m 12:00 p.m.	Taijutsu
12:00 p.m 2:30 p.m.	Lunch Break
2:30 p.m 4:30 p.m.	Bukiwaza
6:30 p.m 9:00 p.m.	<u>Hajime</u>

Sunday, Aug 17th ***

10:00 a.m. - 12:00 p.m.

Taijutsu

- * Thursday training is complimentary to visiting seminar participants with ITA Sempai instructing
- ** Training in St. Cloud
- *** Training at Shushinkan
- † Friday's pricing includes lunch and dinner

Please bring your own bokken and jo