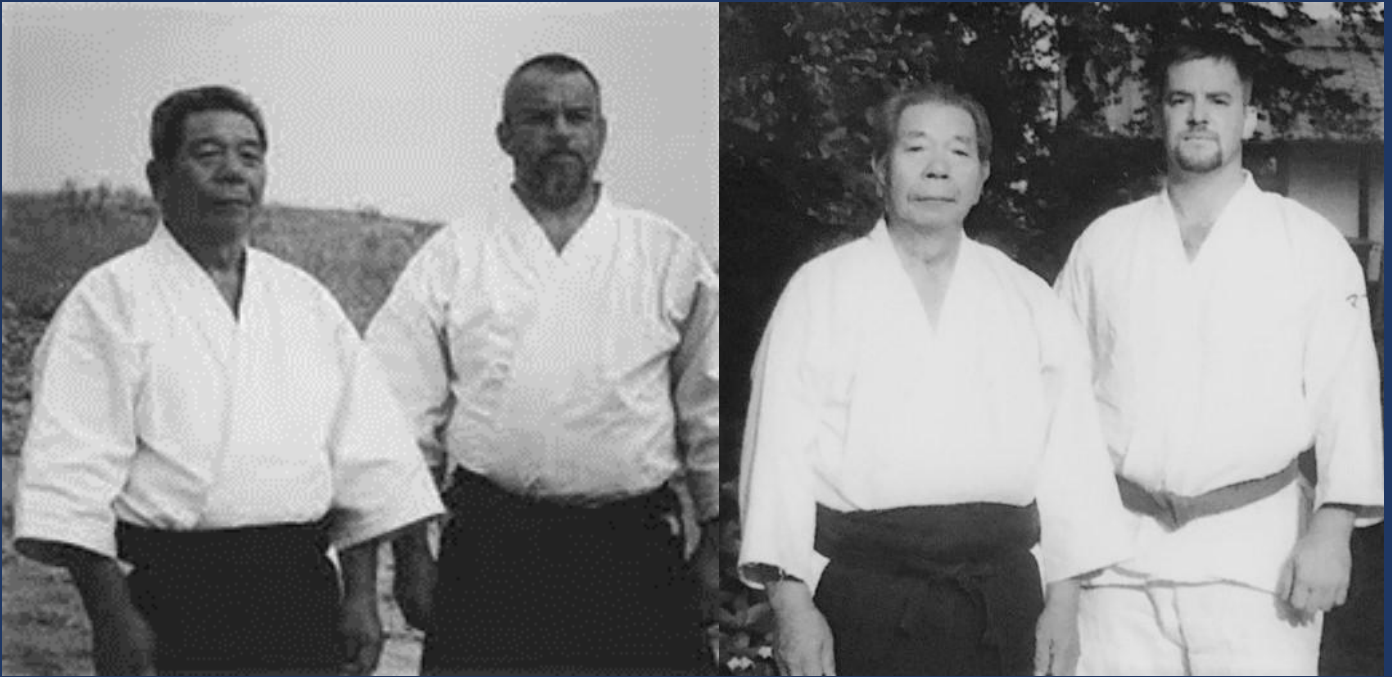


# 合気道

AI KI DO

## Aikido Friendship Seminar



We are proud to invite you to Aikido friendship seminar in  
Torsby, Sweden July 10-12, 2026

Two Aikikai Shihans and direct students of the late great  
Morihiro Saito Shihan of Iwama, Japan

Lasse Andersson 7<sup>th</sup> Dan, Sweden - Mark Larson 7<sup>th</sup> Dan, USA

Please note!

In connection with the seminar, there is also the opportunity to a  
Soto/Uchi-deshi week (July 5 - July 10) with Lasse and Niklas



TORSBY AIKIDOKLUBB  
TRADITIONAL IWAMA  
TAKEMUSU AIKIDO DOJO



# Friendship Seminar Program

**Instructors:** Lasse Andersson 7<sup>th</sup> Dan and Mark Larson 7<sup>th</sup> Dan

**Schedule:** July 10-12 start Friday 11:00 end Sunday 15:00

**Registration:** [Click here](#)

**Seminar fee:** Three days 1400 SEK two days 1100 SEK.

Payment before first training to Plusgiro 68 89 70 - 3 or Swish 123 57 428 38

**Party:** Saturday night at Valbergsängen 250 SEK.

Please inform when you register about your participation and if you have any food restrictions: allergy, vegetarian, vegan, etc.

**Accommodation:** Hotels, Hostels and dojo.

(Uchi-deshi have priority to the uchi deshi house / dojo during the seminar.)

[www.torsbyvandrarhem.se](http://www.torsbyvandrarhem.se), [www.valbergsangen.se](http://www.valbergsangen.se),

[www.torsbycamping.se](http://www.torsbycamping.se), [www.sahlstromsgarden.se](http://www.sahlstromsgarden.se)

All accommodation should be booked of the participants themselves.

**Examination:** Saturday (Application must be submitted at least 1 month in advance)

**Other:** Bring your own jo, bokken and tanto, sport shoes for outdoor training.

(Participants traveling from abroad can borrow weapons).

The seminar is open to everyone, regardless of rank or style.

All participants must be fully insured.

Questions or more info: aikidotorsby@gmail.com or +46 (0)76-7953147



# 合気道

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## Soto / uchi deshi program

**Instructors:** Lasse Andersson 7<sup>th</sup> Dan and Niklas Björklund 6<sup>th</sup> Dan

**Schedule:** July 5-10 start Sunday 16:00 end Friday 08:00

**Registration:** [Click here](#)

**Soto/Uchi-deshi fee:** July 5-10, 1200 SEK (Six days).

**Special offer:** Soto/uchi deshi + seminar 2200SEK (8days)

Payment before first training to Plusgiro 68 89 70 - 3 or Swish 123 57 428 38

**Accommodation:** Uchi deshi house / dojo.

(Uchi-deshi have priority to the uchi deshi house / dojo during the seminar.)

**Accommodation porposal for Soto deshi.**

[www.torsbyvandrarnhem.se](http://www.torsbyvandrarnhem.se), [www.valbergsangen.se](http://www.valbergsangen.se),

[www.torsbycamping.se](http://www.torsbycamping.se), [www.sahlstromsgarden.se](http://www.sahlstromsgarden.se)

**Other:** Bring your own jo, bokken and tanto, sport shoes for outdoor training.  
(Participants traveling from abroad can borrow weapons).

The Soto / uchi deshi is open to everyone, regardless of rank or style.

All participants must be fully insured.

Questions or more info: aikidotorsby@gmail.com or +46 (0)76-7953147



# 合気道

AI KI DO

## Lars-Göran Andersson Sensei

Lars-Göran “Lasse” Andersson Sensei, started training in the middle of sixties for Jan Beime and Ichimura in Stockholm, he moved to Gothenburg in 1969 where he started helping Karl Hanson with aikido training in Gothenburg Judoklubb (from there later developed Gothenburg Aikido club).

Lasse traveled along with Tomita-sensei to the birthplace of Aikido, Iwama, Japan in 1972, and then he went back there again next year (1973) he stayed as a live-in/direct student (uchi-deshi) for six month at the Founder’s Dojo under Master Morihiro Saito. Lasse moved to Torsby in 1979 and started Torsby Aikido Club, many years later, his dream come true when he could build his own dojo and start Svenneby Aikido Club.

Lasse Sensei received 5th Dan from Master Morihiro Saito in 1994. He received 6th Dan in 2006 and 7 dan in 2019 and the Shihan title in 2020 from the World Aikido Federation (Aikikai) Headquarters, Tokyo, Japan.

Today, Lasse has Uchidechi weeks at his own Dojo, and Lasse continues to teach Aikido at seminars both nationally and internationally, he has many appreciated training camps around the world. He visit and practicing Aikido at many sites around Sweden and Worldwide.



# 合気道

AI KI DO

## Mark Larson Sensei

Mark Larson Sensei, began Aikido in early 1990's. Mark Sensei's Aikido studies took him to Japan in 1992 where he was introduced to Master Morihiro Saito at the birthplace of Aikido, Iwama, Japan, in 1993, and he learned and trained as a live-in/direct student (uchideshi) under Master Morihiro Saito at the Founder's Dojo until Saito Shihan's passing in 2002.

Mark Sensei received 5th Dan and the highest weapons (Aiki-ken, Aiki-jo) certification (menkyokaiden) from Morihiro Saito Shihan in 2001, and he received 7th Dan from the World Aikido Federation (Aikikai) Headquarters, Tokyo, Japan, in 2025 and the Shihan title 2021.

Mark Sensei traveled extensively with Morihiro Saito Shihan serving as his main uke, otomo (personal attendant), and translator from 1997-2002.

Today, Mark Sensei continues to teach Aikido seminars both nationally and internationally. He is the founder and Chief Instructor of Minnesota Aiki Shuren Dojo, Nowthen, MN, USA (est. 2002), and Chief Technical Advisor for various Aikido Dojos in the USA, Canada and Japan.



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